

The 59th annual ACC Cross Country



5 June 2025

Perry Lakes Reserve



Town of
Cambridge

CAR PARKING

P Car parking is available in the:

- car park behind the YMCC hockey clubrooms before 9:15 am.
- temporary grass car park off Alderbury St.
- marked areas on the streets east & south of Alderbury St.
- Floreat Sport Precinct - off Ulster Road, Chandler Ave.
- Mt Claremont Sport Precinct – off Underwood Ave / Stephenson Ave.

P Car parking is NOT allowed in the:

- entrance road to the YMCC Clubrooms car park after 9:15 am.
- pickup/drop off bus zones on Alderbury St and Perry Lakes Drive.
- Bold Park car parks off the west side of Perry Lakes Drive (Tuart & Camel Lake)
- WA Ecology Centre and Perry House car parks off Perry Lakes Drive.
- vicinity of the skate park on Perry Lakes Drive.

AGE CLASSIFICATIONS

Age group categories for Boys and Girls are: U13, U14, U15, U16 and U19.

Competitors are permitted to compete in *one* age group only.

For all ACC Sport competitions, the cut-off date used for age group classification is **30th June**, in line with school year group ages, and competitors must be secondary school students under 19 years of age.

EVENT DISTANCES & RACE CUT-OFF TIMES

Girls	U13 & U14 age categories	3000m	20 minutes
Boys	U13 & U14 age categories	3000m	18 minutes
Girls	U15, U16 & U19 age categories	4000m	25 minutes
Boys	U15, U16 & U19 age categories	4000m	23 minutes

A chime will sound at the designated cut-off time to signal that the recording of race results has finished. Runners will still be allowed to complete the course and receive a finish time; however, they will not score an official result.

NB: There is to be no coaching of athletes while they are competing.

PROGRAM OF EVENTS

EVENT	GENDER & AGE		MARSHAL	START	CUT-OFF TIME
1	Girls	U19	09:10 am	09:30 am	9:55 am
2	Boys	U19	09:35 am	09:55 am	10:18 am
3	Girls	U16	10:00 am	10:20 am	10:45 am
4	Boys	U16	10:25 am	10:45 am	11:08 am
5	Girls	U15	10:50 am	11:10 am	11:35 am
6	Boys	U15	11:15 am	11:35 am	11:58 am
7	Girls	U14	11:40 am	12:00 pm	12:20 pm
8	Boys	U14	12:00 pm	12:20 pm	12:38 pm
9	Girls	U13	12:20 pm	12:40 pm	1:00 pm
10	Boys	U13	12:45 pm	1:05 pm	1:23 pm

NB: Multi-Class and Inclusive students will compete within their age and gender category, unless advised otherwise.

CLEAN UP 1:25 – 1:45 pm
PRESENTATIONS 1:45 – 2:15 pm

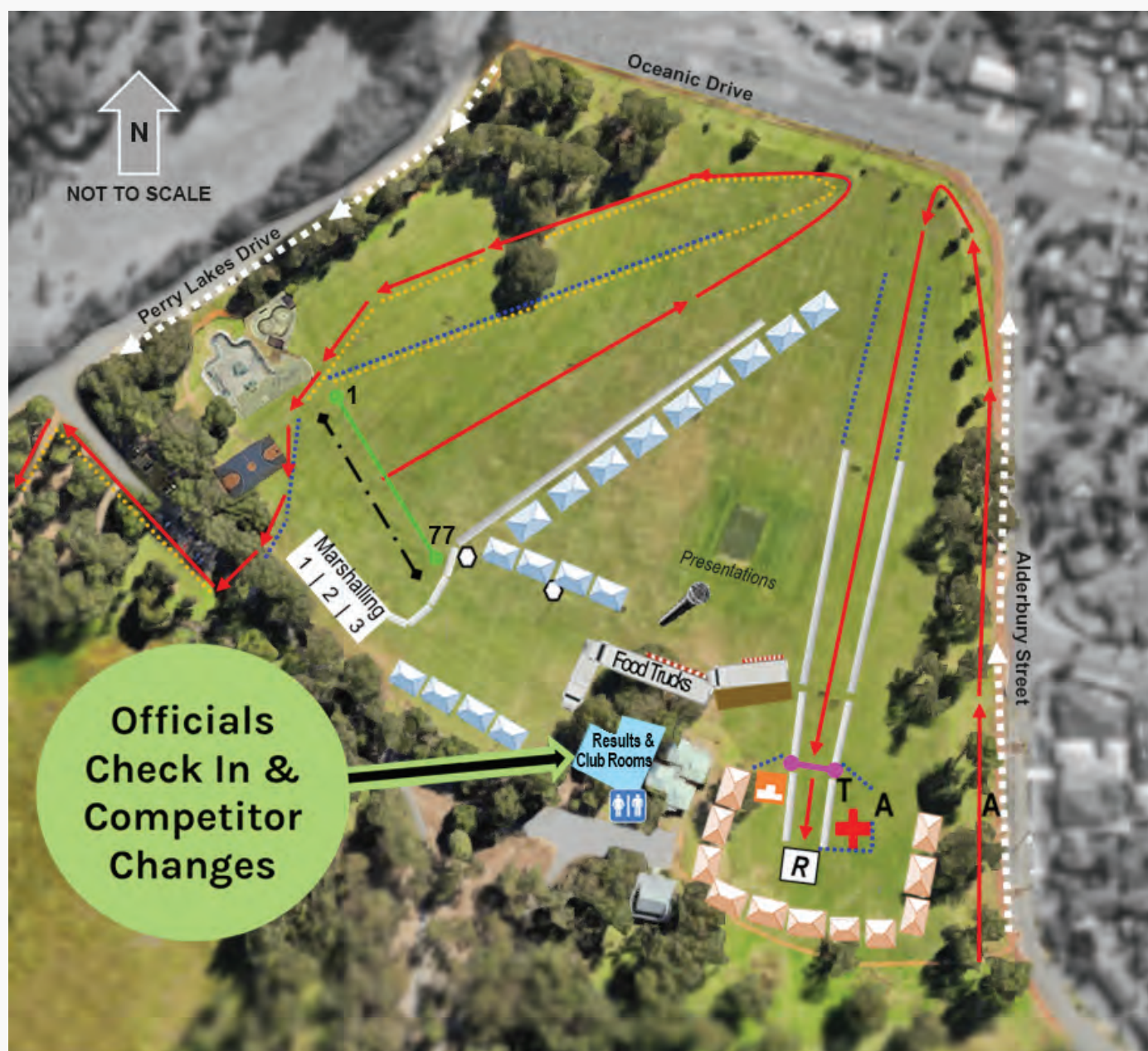
NB: Event start times are approximate and may vary slightly on the day.

Course Route



- Numbers 1-26 refer to Course Officials' locations.
- Standard course markers are red poles and orange road cones, with the 3km reduction marked in blue poles. Runners must keep all course markers to their left.
- The course is within the confines of the Perry Lakes area and crosses only internal roads.
- All genders run the same route. U13 & U14 run 3km; this course reduction is from stations 7-9.
- This map is only a guide; the course route will be clearly marked on the day.
- Where possible the route closely follows boundaries such as the lakes and log fences.
- Schools should familiarize their competitors and relevant officials with the course route.

Start and Finish Areas



- | | |
|---|---------------------------------------|
| ◆ · ◆ Marshal line with school names | —●— Finish line & Arch |
| ● Start line (Positions 1 - 77) | T Blue Chip Timing |
| --- Course markers (red poles/cones) | R Blue Chip Results Display |
| → Direction of runners | ☐ Medallion Dais / Recorders Tent |
| Rope/Bunting (do not cross) | 🎤 Announcer |
| — Crowd Control Barriers (do not cross) | 🚚 FitStop Food Trucks |
| ⬡ Light tower | ✚ First Aid Tent |
| ☒ School Supplied Marquees | → Bus direction: Pick up/Drop off |
| ☒ Hire Marquees | A Ambulance/Truck Access (keep clear) |
| 🏠 Club rooms | |
| Officials / Team Changes / Results | |

Note: Footballs, soccer balls, etc. are banned in all areas.
 The Basketball court and Skate Park off Perry Lakes Drive are out of bounds.
 Climbing of trees, hockey goals, marquees and buildings is prohibited.

School Codes, Marshalling Chutes & Start Line Positions

		Chute	Pos.
Alkimos Baptist College	AKB	1	9
All Saints' College	ASC	3	75
Aranmore Catholic College	ARA	3	71
Atlantis Beach BC	ABB	3	65
Austin Cove Baptist College	ACB	1	12
Bunbury Grammar School	BCG	2	30
Carey Baptist College (F)	CRF	2	32
Carey Baptist College (H)	CRH	3	54
Carmel School	CAR	2	39
CBC Fremantle	CBC	1	1
Chisholm College	CHI	3	77
Corpus Christi College	COR	1	10
Court Grammar School	CGS	3	52
Dale Christian College	DCS	2	27
Ellenbrook Christian CS	ELL	3	57
Emmanuel Catholic College	ECC	1	18
Emmanuel Christian CS	ECS	2	47
Foundation Christian College	FCC	2	48
Frederick Irwin AS	FIA	2	29
Fremantle Christian College	FRE	2	36
Geraldton Christian College	GCC	3	64
Geraldton Grammar School	GGs	3	53
Grace Christian School	GCS	3	62
Guildford Grammar School	GUI	2	43
Helena College	HEL	3	70
Heritage College	HCP	2	28
Hillside Christian College	HIL	3	51
Holy Cross College	HCC	2	37
Immaculate Heart College	IHC	3	59
International School WA	IWA	1	17
Irene McCormack CC	IMC	3	69
John Paul College	JPC	1	4
John Septimus Roe ACS	JSR	3	73
John Wollaston ACS	JWS	3	55
John XXIII College	JTC	3	66
Kennedy Baptist College	KBC	2	35
Kingsway Christian College	KCC	2	40
Kolbe Catholic College	KOL	1	25
La Salle College	LSC	3	60
Lake Joondalup BC	LJB	2	41

		Chute	Pos.
Living Waters LC	LWL	3	61
Lumen Christi College	LCC	3	67
Mandurah Baptist College	MBC	1	14
Mandurah Catholic College	MCC	3	58
Mater Dei College	MDC	3	56
Mazenod College	MAZ	2	33
Mercedes College	MER	1	1
Mercy College	MCY	2	45
Mother Teresa CC	MTC	1	15
Mundaring Christian College	MUN	1	19
Nagle Catholic College	NAG	1	8
Newman College	NEW	2	50
Peter Carnley ACS	PCA	1	7
Peter Moyes ACS	PMA	2	46
Prendiville Catholic College	PRE	1	24
Providence Christian College	PRO	3	63
Quinns Baptist College	QBC	2	44
Rehoboth Christian College	RCC	1	22
Sacred Heart College	SHC	3	72
Salvado Catholic College	SAL	1	6
Servite College	SER	1	3
Seton Catholic College	SET	1	20
South Coast Baptist College	SCB	1	21
St Andrew's Grammar	SAG	1	16
St Brigid's College	SBC	2	33
St George's AGS	STG	1	23
St James' Anglican School	STJ	2	49
St John Bosco College	SJB	1	2
St Joseph's School	SJN	2	38
St Mark's ACS	SMK	2	34
St Mary MacKillop College	MAK	2	42
St Norbert College	SNC	2	11
St Stephen's School (C)	SSC	1	5
St Stephen's School (D)	SSD	3	74
Swan Christian College	SWA	2	26
Swan Valley ACS	SVA	2	31
The King's College	TKC	1	13
Tranby College	TRA	3	68
Ursula Frayne CC	UFC	3	76

MARSHALLING

New Marshalling Process for 2025

- Much like 2024, schools must ensure the correct timing bib is placed on the correct student athlete (this is a school responsibility prior to the athletes being marshalled).
- Automated Marshalling Mats – the main marshalling tent will have 3 x black mats that competitors will walk over on their way out to the marshalling line. Students must be wearing the correct timing bib allocated to them.
- Marshalling marquee entry:
 - Start line positions 1 - 25 enter via chute 1
 - Start line positions 26 - 50 enter via chute 2
 - Start line positions 51 - 77 enter via chute 3
- Only students competing in each particular race will be permitted to marshal through the marshalling tent (gates) i.e. first race, U19 girls will be permitted to walk through the marshalling marquee and over the marshalling mats.

Each school must have a team liaison person with their runners for each event at the marshaling area at the correct marshalling time.

School team liaisons are to:

- ensure any competitor changes have been made with the competitor change officials in the Club Rooms.
- ensure competitors do not enter the marshalling area before their event's marshaling time (i.e. more than 20 minutes ahead of their event time).
- ensure no more than the maximum number of allowed runners for each event enter the marshalling and start line area.
- assist in positioning their competitors on the marshalling line, behind their school sign, in pairs (2 behind 2) with the best runners at the front.

MAXIMUM NUMBERS OF COMPETITORS

A maximum of 6 competitors per gender and age group may run for each school. Exceptions are made as follows:

- *In U19 age events a maximum of 8 runners per gender may compete.*
- *Multi-Class/Inclusive runners do not count towards a team's maximum number.*

A background image showing a cross-country race start. A line of runners is visible on the right side of the frame, crouched in starting blocks on a grassy field. The background is filled with lush green trees under a clear blue sky.

THE START

- The Starter will call runners forward from the Marshalling Line to the Start Line.
- At the start line, runners are to retain their positions in pairs (2 behind 2 with the best runners at the front).
- The starter's command will be "*take your marks*" followed by an air horn start signal.

EVENT RULES

Event rules are as per IAAF cross country running rules, except where stated otherwise. The maximum number of competitors allowed per school for each event is part of the event rules.

DRESS

Competitors are to be attired in their school's athletic/cross country or physical education uniform.

- Footwear is compulsory. Spikes are not to be worn.
- Music devices, headphones/earpods are not to be worn while competing. The wearing of watches is discouraged due to possible timing bib sensitivity.
- Timing bibs must be worn and correctly fitted. It is the school's responsibility to ensure that competitors are wearing their correct bib number.

GENERAL

- RESULTS/PLACES: All runners are automatically timed and placed by the timing system when they cross the finish line.
- A competitor who does not cross the finish line unaided will not receive an official time, place or score. Runners that do not finish will be listed as DNF in the results.
- Course officials have the power to disqualify students who choose to walk the course and are without the desire or fitness to complete the course as a run. These students may be directed back to their team area without finishing.

TROPHIES & AWARDS

Competitors represent their school as an individual and as part of a team.

The Multi-Class/Inclusive events are separate events. Multi-Class/Inclusive competitors only score points for their school in a trophy category if they are in the top three finishers for their school and finish inside the cut off time.

Medallions are awarded for individual competitors as follows:

- 1st, 2nd and 3rd place getters in each event
- 1st place getter (not disability specific) in Inclusive events

Trophies are awarded in the following 13 categories:

U13 Boys	U14 Boys	U15 Boys	U16 Boys	U19 Boys	Aggregate Boys	Combined Aggregate
U13 Girls	U14 Girls	U15 Girls	U16 Girls	U19 Girls	Aggregate Girls	

To qualify for these 13 team trophies a school must have a minimum of 3 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first three places gained by an individual school in each event, count towards these team trophies.

Schools with a year 7-12 student population under 500 can compete for shields in 2 additional categories:

Sub-500 Junior Aggregate (U13-U15)

Sub-500 Senior Aggregate (U16-U19)



To qualify for these 2 team trophies a school must have a minimum of 2 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first two places gained by an individual school in each event, count towards these 2 team trophies.

In the case of a 'draw', the trophy will be shared.

The first five place-getters in each gender age group will be selected in the ACC All Star Cross Country Team.

The first two classified Multi Class competitors in each gender age group, with positions determined using Athletics Australia's Baseline Scoring template, will also be selected in the ACC All Star Cross Country Team.

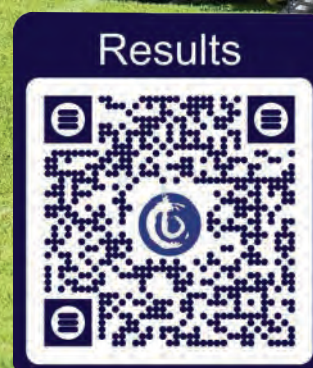
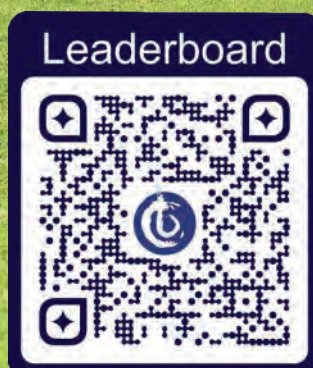
Those who achieve ACC All Stars will receive a certificate and an 'All Star' pin to acknowledgment this achievement.



RESULTS

All results will be available online at

- <https://www.accsport.asn.au/carnivals/cross-country/results/2025>
- Blue Chip Website - <https://bluechipresults.com.au/results.aspx?CId=11&RId=1855>
- Live Leader Board - <https://bluechipresults.com.au/live.aspx?CId=11&RId=1855>



[instagram.com/accsport1](https://www.instagram.com/accsport1) #accsport

HISTORY OF RESULTS

A History of Results of the ACC Cross Country carnivals from 1966 to 2024 can be viewed on the ACC website. Scanning this QR code will take you there.

Results History



Sacred Heart College 2024 Cross Country Champion School

2024 Trophy Winners

Girls U/13	Mercedes College
Boys U/13	CBC Fremantle
Girls U/14	Sacred Heart College
Boys U/14	Irene McCormack CC
Girls U/15	Kolbe Catholic College
Boys U/15	Sacred Heart College
Girls U/16	Sacred Heart College
Boys U/16	St Mark's ACS
Girls U/19	Peter Moyes ACS & Sacred Heart
Boys U/19	Sacred Heart College
Girls Aggregate	Sacred Heart College
Boys Aggregate	CBC Fremantle
Overall Aggregate	Sacred Heart College



Sub-500 Junior Aggregate Bunbury Cathedral Grammar
Sub-500 Senior Aggregate Bunbury Cathedral Grammar



WALLY'S
TACOS

